

Gel Ingredients From the Label:

Active Ingredients

HGH 30X
THYROIDINUM 8X
GLANDULA SUPRARENALIS SUIS 6X

Inactive Ingredients:

PURIFIED WATER, PHENOXYETHANOL & CAPRYLYL GLYCOL & SORBIC ACID, ALOE BARBADENSIS LEAF**, CAMELLIA SINENSIS (GREEN TEA) LEAF**, ACRYLATES/C10-30 ALKYL ACRYLATE CROSSPOLYMER, GLYCYRRHIZA GLABRA (LICORICE) ROOT**, VITEX AGNUS-CASTUS (CHASTE TREE) FRUIT**, EPIMEDIUM SAGITTATUM (EPIMEDIUM) AERIAL PARTS**, GINKGO BILOBA (GINKGO) LEAF**, MUCUNA PRURIENS (VELVET BEAN) SEED**, DIOSCOREA VILLOSA (WILD YAM) ROOT**, SODIUM HYDROXIDE, ASCORBIC ACID, PEG-33 & PEG-8 DIMETHICONE & PEG-14, ALOE BARBADENSIS LEAF JUICE, TOCOPHEROLS (Soy), EDETATE DISODIUM, NATURAL PLANT EXTRACT, POTASSIUM SORBATE.
**EXTRACT

Great details about ingredients in the gel!! From Laura Alexscandra

I recently joined as a distributor of this product and started using the gel two days ago. I am very aware and sensitive of what I put into and onto my body & how it affects me, and although I know most say it takes awhile to feel the gel's effects, I literally noticed subtle changes within hours, and could also feel the HGH wearing off as the day went on! Very cool.

Anyways, I am a holistic health practitioner and my background is in traditional Ayurvedic medicine, herbalism (western and eastern), and massage. Today I compiled a short description of each of the ingredients in the gel, both for myself, and for anyone else who may want to have it and can benefit from understanding each ingredient more. admins, since I'm new to the gel, please let me know if there is anything I misunderstood.

I'm so grateful to be on this product and excited to share it with others.

All the best to everyone, -laura

Homeopathic ingredients:

HGH: a hormone made in the pituitary gland that stimulates growth and cell regeneration. It regulates tissue healing, heart, brain and overall nervous system health, sugar and fat metabolism, muscle and bone strength, and the fluids in your body. Everything from your mood, to your sleep, your energy levels, your bone and muscular strength, your skin, your blood and your hair, relies on having healthy levels of growth hormone. This ingredient is somatotropin, which is bio-identical to the growth hormone your body naturally already makes, and is dosed to provide you with the maximum therapeutic benefit of HGH without a prescription. It will not cause any side effects nor should it be a cause for concern to athletes worried about drug screenings.

Thyroidinum: from the fresh thyroid gland of a cow. (Ours comes from free range cattle from New Zealand) The thyroid regulates weight and metabolism, heart rate, digestion, body temperature, muscle contractions, and the rate at which dying cells are replaced in

the body. This ingredient therefore may provide you with energy, reduce edema, balance your body temperatures and weight, relieve headaches, allergies and any spasmodic conditions, rashes, or menstrual discomfort, and may improve the look and health of your skin, hair, muscles, and eyesight.

Glandula Suprarenalis suis: from the adrenals of a wild boar (**Ours is also from grass fed (non-gmo) free range New Zealand**). This ingredient ensures that the adrenals are supported and can do their job of properly regulating your metabolism, and controlling your blood sugar and blood pressure, etc. Adrenals help with stress and produce hormones that we can't live without, including sex hormones, cortisol, and many other functions

Herbs:

Aloe Vera: a powerful cooling herb which helps to absorb other nutrients and has been known to control blood sugar, increase energy production, promote heart health, and help with soothing skin ailments with its' support of liver function.

Chaste tree fruit: this herb has been shown to help balance hormones released by the pituitary gland, and is also known for supporting reproductive health, lessening the symptoms of PMS such as headaches, bloating, tender breasts, hot flashes, inflammation, and irritability.

Ginko biloba: an ancient herb (it was already around during the dinosaur era!) that has been shown to fight inflammation, improve brain function and memory, and reduce anxiety, depression.

Wild yam root: an herb known for its' role in bone health, increased energy and libido, menstrual balancing properties, and digestive support.

Green tea leaf: loaded with antioxidants, shown to improve brain function, fat loss, lowers risk of cancer

Licorice root: shown to be an anti-inflammatory and immune boosting herb, which also soothes the stomach, heart burn, and helps heal GI problems.

Horny Goat weed (epimedium): known to enhance libido, relieve fatigue, help with nerve pain, arthritis, kidney and liver disorders, cancer.

Velvet bean (mucuna puriens): great potential to heal nervous system disorders, depression, combat stress, enhance mood, help with addiction recovery, increase libido, and is anti-aging and body-building due to boosting HGH naturally in the body.

Fillers and carriers and agents:

Acrylates: a salt or an altered organic compound called an ester, which has binding abilities.

Ascorbic acid: a nutrient found in vitamin c, a water soluble antioxidant that helps heal wounds and has a large role to play in collagen production.

EDTA (edetate disodium): a chelating agent that cleanses the blood of heavy metals and lowers calcium levels in the blood, thus helping to strengthen bones.

Potassium sorbate extract: a safe food-grade preservative made from an inactive salt of sorbic acid that in the presence of water, dissolves and then is converted into the active form of sorbic acid at a low pH.

Phenoxyethanol: a non-toxic cosmetic skin care preservative

Caprylyglycol: an alcohol-derived component found in many creams and ointments as an organic, anti-microbial skin-conditioning agent. It comes from caprylic acid, a natural fatty acid found in many oils.

Sorbic acid: a natural organic compound used as a food preservative.

Sodium hydroxide: an inorganic compound used to control the pH levels in cosmetics and personal care products.

PEG 33, 8 dimethicone and 14 (polymers of ethylene oxide): emollient and thickeners found in skin creams and cosmetics, which help to deliver other ingredients deep into the skin.

Tocopherols (soy): compounds that together make up a form of vitamin E, a fat-soluble nutrient, which helps to stabilize cell membranes. ***NOTE: vitamin e is derived from soy but this product contains no soy. It is 100% soy-free.

Natural plant extract: a substance that has a desirable property that is removed from the tissue of a plant and usually is treated with a solvent.

***This product is paraben and sodium lauryl-sulfate free, is made of non GMO ingredients, and the animals used are all used for food and are raised on high quality Australian pastures, are grass-fed and free range. Let's all try to remember to be grateful to the animals, plants and manufacturers of this product - Our health is because of them.

In our formula the PEG 8 is used as one of the "drivers" to get the ingredients deeply into the skin so that it can be absorbed into the capillaries of the bloodstream. We have a number of homeopaths and Naturopaths who are so excited to get this in a form that is not toxic.

I feel it instantly vibrationally, and many others also feel it right away. I think we must have receptors everywhere the blood supplies it throughout the body, and the blood supply must deliver it physically and also deliver it vibrationally immediately and unlocks it from where our organs and systems have been waiting (But this last part is Carol's interpretation!)

What is HGH (Human Growth Hormone) & Why would I want to use it?

We are all born with HGH in our bodies. It is the main human growth hormone (HGH) that is a single-chain peptide hormone produced from the pituitary gland, the master gland in the body. This is the hormone that helps you grow throughout childhood, hence the word "growth". Around the age of 20, HGH is at its peak and begins to decline around the age of 25. This is when the dreadful aging process begins, (weight, wrinkles, gray hair, thin skin, muscle loss, energy loss etc...). This hormone slowly declines for the rest of your life. Most have very little to none by the age of 45. Many experts say that elevating growth hormone when you are older can bring back your levels to when you were in your 20's.

May help with growth of all cells and tissues in the body, may assist faster healing/tissue repair, increased bone mineral density, increased energy and stamina, emotional stability and mental capacity, decrease in anxiety, menopausal symptoms, decrease in pain, increased joint mobility, improved vision, more youthful looking appearance, wrinkles diminish, grey begin to return to its natural color, hair growth (head, eyelashes, eyebrows) increase libido, deeper & sounder sleep, increased muscle tone & muscle build.

Fertility

We know that Human **Growth Hormone** increases the sperm count in males. It's well known, it's been documented. In that respect, it **does** increase **fertility**. ... Another adjunct is that libido is increased, so that the desire for more contact in both females and males is increased with Human **Growth Hormone**.

Dr. Norbert Gleicher of the [Center for Human Reproduction](#), who is currently conducting a clinical trial on the effectiveness of HGH on fertility. According to Gleicher, HGH is typically only used to treat women with low ovarian reserve, and the reason it packs such a fertile punch is that it promotes production of IGF-I, a cytokine that plays a big role in follicle development. "IGF-I is essential during the early follicle growth stages," says Gleicher.

GH is believed to help with oocyte maturation and improved egg quality. In animal studies, supplementation of GH caused an increase in Insulin-like growth factor 1 and 2 (IGF-1 and IGF-2) which are both believed to play a major role in maturation. It is also speculated that GH may be able to reverse age-related changes in the egg by increasing the capacity to repair DNA.

Pregnant and Nursing Mothers:

Pregnancy nursing mothers do not need the product as their body is naturally producing more of what they need of the hgh. It's safe but they won't see as many benefits

A Gathering of info:

If you look on the label, it says Somatropin 30X which is our HGH.

The Somatropin in our formula as you can see on the bottle, is made of 191 Amino Acids from plants, processed into homeopathically micro dosed form that is bio-identical to our own GH.

The Somatropin used in some injections is similarly from 191 plant-based amino acids.

Synthetic

The HGH is called synthetic under the law. We can't call it real HGH unless it's physically obtained from human tissue such as a fetus or cadaver or animal... something like that. What we have is from 191 plant sourced amino acids. It's bio identical to our own HGH. We are the only place anywhere in the world with actual HGH that is available without a prescription!

From things I've listened to...have to get my notes: I know Alexy chose the best variation of the stabilizer and the smallest amount possible that he could find that was listed as food grade and the most benign he could find to preserve it, preserve the integrity of the ingredients, be completely non-toxic and make certain it stays efficacious....and, so it could be used as an OTC Over the Counter. It had to be somewhat of a trade-off to get what he wanted or else it wouldn't be available to us at all!

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"Lack" of benefits and Alcohol

A few posts have come up concerning the "lack" of benefits a person is seeing.

Homeopathic medicines deal with each body very differently. Some may notice a change in less than 24 hours (while using an HGH supplement) while others might take 6-9 weeks or more. Much of your response depends on your physical health, home life, work life and stress levels. It's also crucial to stay hydrated (half your body weight in waters) each day and limit (significantly) or avoid alcohol. I know. No one likes the last one.

Here's a little more on alcohol + HGH to get a better understanding. Walk away from your cocktails for two weeks, use your gel as directed, and notice a remarkable change!

You're chances of weight loss increase! You may see increased muscle tone and you're

sleep is likely to improve by leaps and bounds!

“Just in case I wasn’t clear before, you should not consume alcohol while on a HGH protocol. Alcohol, in any considerable quantity, blunts the HGH-releasing effect of amino acids and also reduces natural HGH release. An ounce or less of alcohol two or three hours prior to taking a HGH releaser will have little effects on the HGH release, but using alcohol to get to sleep (or consuming after 7:00 pm) can substantially suppress your natural HGH release throughout sleep.

We develop muscle while we sleep and the growth hormone is primarily launched from the anterior pituitary during sleep. Anything that conflicts with sleep will certainly similarly meddle with the release of growth hormone. Alcohol, in particular, interrupts the sleep cycle and as a result will also prevent the release of growth hormone from the anterior pituitary.

Alcohol will also activate hormonal imbalance so when alcohol is in your body, it sets off the production of a substance in your liver that is directly poisonous to testosterone. Testosterone is vital for the development and recuperation of your muscles. As alcohol is soaked up through your tummy and small intestine and into your cells, it can interrupt the water balance in muscle cells, modifying their ability to produce adenosine triphosphate (ATP), which is your muscles’ source of energy. ATP offers the fuel required for your muscles to contract. No matter how much HGH you make use of, you still may NOT get maximal results if you consume more than two alcoholic drinks per day while utilizing HGH.

If you choose to drink alcohol while taking HGH supplements, drink lots of water and wait at least 3 hours after your last cocktail before applying your evening dose.