



BP WEEK

YEAR

DATES -

GOALS

Daily Activities

THE FOUR BASICS

- LIST:** Add one new name to your personal list daily **1**
- INVITE:** Completed calls or conversations to book appointments **1-2-3**
1PT FOR 1ST; 2 FOR 2ND; 3 FOR 3RD+
- PRESENT:** Share The Plan **3**
GOAL: 15 STP'S PER BP
- FOLLOW-UP:** Follow-up on each presentation in 24-48 hours **2**

3 POINT PLAN CORE "ME" ACTIVITIES

- LISTEN:** Listen to recommended CDs (TOMs) 30 minutes daily **2**
- READ:** Read recommended books 30 minutes daily **2**
- CALLS:** Participate in weekly 3PP training calls/webinars **1**
- MONTHLY TRAINING:** Participate in 3PP "monthly" training **5**
- MENTORING:** Master Counsel Session with mentor (week 1 of BP) **5**

RELATED PERSONAL ACTIVITIES + DEVELOPMENT

- Take products daily **1**
- Read your dreams/goals/affirmations daily **1**
- Share 1 promo piece daily (flyer, DVD, sample, etc) **1**
GOAL: 1 PER DAY; 10 IN PLAY
- Follow-up calls with my mentor **2**
GOAL: 2 WEEKLY
- Participate in bi-weekly meeting **2**
- Participate in quarterly Super Regional Event **10**

Sign in to MannaTracker.com to record your results daily

TOTAL OF DAILY ACTIVITIES

Pts	S	M	T	W	T	F	S
1							
1-2-3							
3							
2							
2							
2							
1							
5							
5							
1							
1							
1							
2							
2							
10							
1							
TOTAL OF DAILY ACTIVITIES							

WEEK ACTIVITIES TOTAL



ONLY FOR USE ON THE LAST DAY OF EACH BUSINESS PERIOD

Business Period Results

		Pts	Total
Personal GPV growth over last BPs (2 pts; 5 pts if up 10% or more)	GPV last BP Current BP	2 / 5	<input type="text"/>
Personal new Leadership Level ("pin" level)	Level last BP Current BP	10	<input type="text"/>
New enrollees from my STPs	Enrollments	3 each	<input type="text"/>
New enrollees with Auto Order set up for next BP	Auto Orders	2 each	<input type="text"/>
Team Associates who attained new Leadership Level this BP	New Leaders/Levels	3 each	<input type="text"/>
Personally invited new guest at bi-weekly meeting	New Guests	2 each	<input type="text"/>
Healthy Achiever: Legs with 7+ Associates at functions	Legs	5 per leg	<input type="text"/>

BP GRAND TOTAL

3 WEEK 1 WEEK 2 WEEK 3 WEEK 4

BP RESULTS TOTAL



WEEKLY ACTIVITIES TOTALS